

## Visual Imagery

A person's creation of a mental pictorial image of that which has just been viewed.

Ronald Berger, OD

## Visual Recall

- A person's re-creation of a mental pictorial image, over time, that was previously viewed.

## Visualization

- A person's creation of a mental pictorial image of that which has not been previously viewed (but has the possibility of existence in reality).

## Vision

- The creation, maintenance, manipulation and/or utilization of mental pictorial images for the purpose(s) of gaining knowledge or experience through movement, feeling, or thinking.

## Dictionary Definitions: Vision

- 1.the act or power of sensing with the eyes; sight.
- 2.the act or power of anticipating that which will or may come to be: *prophetic vision; the vision of an entrepreneur.*
- 3.an experience in which a personage, thing, or event appears vividly or credibly to the mind, although not actually present, often under the influence of a divine or other agency: *a heavenly messenger appearing in a vision.* Compare [hallucination](#) (def. 1).
- 4.something seen or otherwise perceived during such an experience: *The vision revealed its message.*
- 5,a vivid, imaginative conception or anticipation: *visions of wealth and glory.*
- 6.something seen; an object of sight.
- 7,a scene, person, etc., of extraordinary beauty: *The sky was a vision of red and pink.*
- 8.[computer vision](#). —verb (used with object)
- 9.to envision: *She tried to vision herself in a past century.*