

Climbing the Socio-Emotional AND Cognitive Ladder with Visuo-Cognitive Therapy

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Gaps and Delays in Vision

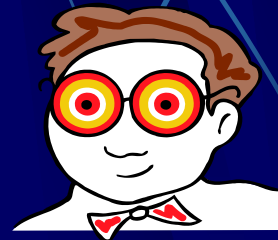


Socio-Emotional Delays

Visuo-Cognitive Therapy

- Work at personal developmental levels
- Encourage thinking through problems presented and solving them logically—**NEVER TEACH**
- Patient needs to be *engaged* to get an “Ah ha!” experience from the therapy

DESIRE



Before the Exam

- Contact individuals involved with the patient to get a full picture
- Do not rely on reports
- Develop an interdisciplinary team

During the Exam

- Every exam is different
- Build a connection with the patient
- Use appropriate affect
- Think developmentally-no right or wrong, that's how they understand it
- Be flexible

During Therapy

- "Ah Ha!"
- Affect that occurs during the experience brings meaning and understanding to that experience
- Respect the child's individual differences

Examples

- Severe developmental delays in all areas
- Difficulties with regulation
- Difficult to engage

Julia

- 7 years old
- Avoids interacting with others
- Non-Verbal
- Short-range of emotions: passive to violent

Connor

- 8 Years old
- Out-of-town patient in a rural school district. No real special services available
- Unable to match 2 cubes initially
- Beginning to fixate with understanding

Working with Difficult Patients

- We need to self-regulate
- We need to learn how to react to the challenges
- Sooth and tolerate child during the tantrum to build a connection so that the child grows and learns from the experience

“Each child defines and redefines their potential”

-Stanley Greenspan,MD

“When you teach, you
rob the child of
developing
intelligence, while
exercising your own”

-Harry Wachs, OD

Questions? Comments?

